

CHECK BACK FOR UPDATES ON THESE RESOURCES

- [AFL-CIO COVID-19 Resources](#)
- [Center for Disease Control \(CDC\) Prevention and Treatment](#)
- [Center for Disease Control \(CDC\) Interim Guidance for Businesses and Employers](#)
- [Occupational Safety & Health Administration](#)
- [Public Health Agency of Canada's COVID-19 Updates and Resources](#)
- [Public Health Departments in the United States](#)
- [World Health Organization](#)

Unemployment Information

Recent federal legislation gives jobless musicians and other working people larger unemployment benefits over a longer period of time—including those who rely on contract work, freelance jobs, and others who have traditionally been excluded from unemployment insurance. For the first time, 1099 workers are able to receive unemployment benefits!

You can now claim unemployment benefits for an extended period of time (up to four months) and the typical one-week waiting period to start receiving benefits is now waived. Weekly unemployment benefit amounts are increased by \$600.

Please Note: All benefits are administered through state unemployment agencies, but many states have not yet implemented these expanded benefits or updated their websites. This means there could be a delay before you may access benefits available for 1099 workers and freelancers. Please keep checking with your state unemployment agency for updates.

Navigating Unemployment - COVID-19

This unemployment webinar series may be helpful for some: <https://www.youtube.com/watch?v=xCxxdHsxJ8Y>

The **Coronavirus Aid, Relief, and Economic Security (CARES) Act** has extended unemployment benefits to workers who were not previously eligible. It extends eligibility to self-employed, gig workers, independent contractors, freelancers.

To get these benefits in California you must apply at www.edd.ca.gov. If you are not sure you qualify, apply anyway- The EDD will make determinations. Local 325 suggests that all members who have lost work due to the Coronavirus pandemic apply for benefits. Only the following are not eligible:

1. Workers still working (from home or in workplace)
2. Workers receiving paid sick leave or paid family leave
3. New entrants to work force who have no work history and cannot find a job

For more detailed information on the CARES Act please see:

www.unioncounsel.net

www.covid19.ca.gov

https://www.feinstein.senate.gov/public/index.cfm/press-releases?ContentRecord_id=F85A3E6B-1FDA-4F73-92A0-587015A47E4C

[https://www.sbc.senate.gov/public/cache/files/9/7/97ac840c-28b7-4e49-b872-](https://www.sbc.senate.gov/public/cache/files/9/7/97ac840c-28b7-4e49-b872-d30a995d8dae/F2CF1DD78E6D6C8C3BF58C6D1DDB2B.small-business-owner-s-guide-to-the-cares-act-final-.pdf)

[d30a995d8dae/F2CF1DD78E6D6C8C3BF58C6D1DDB2B.small-business-owner-s-guide-to-the-cares-act-final-.pdf](https://www.sbc.senate.gov/public/cache/files/9/7/97ac840c-28b7-4e49-b872-d30a995d8dae/F2CF1DD78E6D6C8C3BF58C6D1DDB2B.small-business-owner-s-guide-to-the-cares-act-final-.pdf)



Financial and Addiction Recovery Assistance

MusiCares may grant short-term financial assistance for personal or addiction needs that have arisen due to unforeseen circumstances. Funding may be awarded for needs such as rent, car payments, insurance premiums, utilities, medical/dental expenses, psychotherapy, addiction treatment, sober living, and other personal expenses.

Eligibility Requirements

Applicants must be able to document employment history in one of the following areas:

- A minimum of five years employment in the music industry
- Six commercially released recordings or videos (singles)

Assistance Limitations

When financial assistance is provided by MusiCares, it is charitable in nature and therefore, before seeking such assistance, applicants are required to investigate all other possible sources of aid. All approved assistance is paid directly to a creditor/third party. At its sole discretion, MusiCares reserves the right to deny or approve financial assistance.

Contact MusiCares

MusiCares West Region | 3030 Olympic Blvd | Santa Monica, CA 90404
Phone: 310.392.3777 | Fax: 310.392.2187 | Toll-free Help Line: 1.800.687.4227

<https://www.grammy.com/musicares/get-help>



The Low-Income Home Energy Assistance Program (LIHEAP) Block Grant is funded by the Federal Department of Health and Human Services (DHHS) and provides two basic types of services. Eligible low-income persons, via local governmental and nonprofit organizations, can receive financial assistance to offset the costs of heating and/or cooling dwellings, and/or have their dwellings weatherized to make them more energy efficient. This is accomplished through these program components:

- The Weatherization Program provides free weatherization services to improve the energy efficiency of homes, including attic insulation, weather stripping, minor housing repairs, and related energy conservation measures.
- The Energy Crisis Intervention Program (ECIP) provides payments for weather-related or energy-related emergencies.

https://www.benefits.gov/benefit/1540?link_id=4&can_id=bcee649ff73b85ffde87e533ba1137f3&source=email-empowering-workers-during-covid-19&email_referrer=email_785363_subject_1057627&email_subject=your-weekly-unionstrong-updates



South: Every Tuesday and Thursday | 8:00 AM
Community Through Hope Eucalyptus Park
436 C Street Chula Vista, CA 91910

North Coastal: Every Thursday | 10:00 AM
Brother Benno

3260 Production Avenue Oceanside, CA, 92057

North Inland: Every Friday | 1:30 PM
First Congregational Church of Ramona
404 8th Street, Ramona, CA 92065



The San Diego Hunger Coalition offices are currently closed due to the COVID-19 pandemic, but dedicated staff continues to work remotely to provide services and resources to our partners and the community. If you need to speak to someone, please email info@sdhunger.org. If you are in immediate need of food assistance, please [call 2-1-1](tel:6192542111).

<https://www.sandiegohungercoalition.org/covid19>



<https://unionyes.org/covid19>



<https://www.sandiegocounty.gov/coronavirus.html>



<https://211sandiego.org/>