

COVID-19

WORKER RESOURCES

HOUSING STABILITY ASSISTANCE PROGRAM

<https://unionyes.org/covid19>

City of San Diego residents experiencing financial hardship because of the COVID-19 pandemic may qualify for help from the City of San Diego's COVID-19 Housing Stability Assistance Program.

This program will help qualifying households pay past-due, unpaid rent and utilities, as well as part of their upcoming rent, based on available funds.

The program also will help pay past-due internet service expenses. The San Diego Housing Commission (SDHC) administers the program for the City of San Diego.

Click here to apply: [Housing Stability Assistance Program - SDHC](#)

BENEFITS FOR WORKERS IMPACTED BY COVID-19

In the face of the coronavirus, the California Labor & Workforce Development Agency (LWDA) wants to keep workers, employers, communities and families safe. What employees are entitled to may be confusing. The purpose of this chart is to make it easier to understand what resources may be available.

[Labor.ca.gov/Coronavirus2019](https://labor.ca.gov/Coronavirus2019)

Program	Why	What	Benefits
Disability Insurance	If you're unable to work due to medical quarantine or illness related to COVID-19 (certified by a medical professional)	Short-term benefit payments to eligible workers who have a full or partial loss of wages due to a non-work-related illness, injury, or pregnancy.	Approximately 60-70 percent of wages (depending on income); ranges from \$50-\$1,300 a week for up to 52 weeks.
Paid Family Leave	If you're unable to work because you are caring for an ill or quarantined family member with COVID-19 (certified by a medical professional)	Up to six weeks of benefit payments to eligible workers who have a full or partial loss of wages because they need time off work to care for a seriously ill family member.	Approximately 60-70 percent of wages (depending on income); ranges from \$50-\$1,300 a week for up to 6 weeks.
Unemployment Insurance	If you have lost your job or have had your hours reduced for reasons related to COVID-19	Partial wage replacement benefit payments to workers who lose their job or have their hours reduced, through no fault of their own.	Range from \$40-\$450 per week for up to 26 weeks.
Paid Sick Leave	If you or a family member are sick or for preventative care when civil authorities recommend quarantine	The leave you have accumulated or your employer has provided to you under the Paid Sick Leave law.	Paid to you at your regular rate of pay or an average based on the past 90 days.
Workers' Compensation	If you are unable to do your usual job because you were exposed to and contracted COVID-19 during the regular course of your work, you may be eligible for workers' compensation benefits.	Benefits include temporary disability (TD) payments, which begin when your doctor says you can't do your usual work for more than three days or you are hospitalized overnight. You may be entitled to TD for up to 104 weeks. TD stops when either you return to work, your doctor releases you for work, or your doctor says your illness has improved as much as it's going to.	TD generally pays two-thirds of the gross wages you lose while you are recovering from a work-related illness or injury, up to maximum weekly amount set by law. In addition, eligible employees are entitled to medical treatment and additional payments if a doctor determines you suffered a permanent disability because of the illness.



The Low-Income Home Energy Assistance Program (LIHEAP) Block Grant is funded by the Federal Department of Health and Human Services (DHHS) and provides two basic types of services. Eligible low-income persons, via local governmental and nonprofit organizations, can receive financial assistance to offset the costs of heating and/or cooling dwellings, and/or have their dwellings weatherized to make them more energy efficient. This is accomplished through these program components:

- The Weatherization Program provides free weatherization services to improve the energy efficiency of homes, including attic insulation, weather stripping, minor housing repairs, and related energy conservation.
- The Energy Crisis Intervention Program (ECIP) provides payments for weather-related or energy-related emergencies.

Visit this site for more information on this and other programs:

[Low Income Home Energy Assistance Program \(LIHEAP\) | Benefits.gov](#)

OTHER RESOURCES:

[COVID-19 Response — San Diego & Imperial Counties Labor Council \(unionyes.org\)](#)

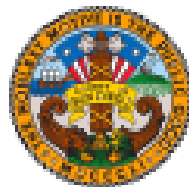
[Centers for Disease Control and Prevention \(cdc.gov\)](#)

[Home | Occupational Safety and Health Administration \(osha.gov\)](#)

[California Department of Public Health Home \(ca.gov\)](#)



[Home - 211 San Diego](#)



[Coronavirus Disease 2019 \(sandiegocounty.gov\)](#)

